Exam Format:

Multiple Choice Questions
- These will focus on general knowledge from the course

Short Answer Questions
- These will focus on the larger theories and concepts covered in the course
- May include application questions
- Point form is acceptable, but make sure to still write a thorough answer and use key terms whenever possible

Essay Questions
- Required a more comprehensive answer that combines facts, terms and concepts
- Focus on theories, concepts and course themes, using appropriate facts to support your points
- Read the question carefully – don’t just write everything you can remember about the topic in general. Including irrelevant information won’t earn you extra marks

Length - 3 hours
- The exam is meant to take less than 3 hours, so you do have time to take breaks in the middle or to check your answers at the end

How to Study:

Self-Test
- Use flashcards to memorize terms and theories
- Avoid passive recall! Don’t just read something and assume that you will know and remember it later. Use the information in practice answers.

Synthesize questions
- Turn the weekly learning objectives into short answer questions
- Practise answering them with a timer to mimic exam conditions

Study with others
- Teaching the materials to others can help clarify concepts in your head and remember it more vividly

Focus on most important material
- Anything mentioned in the lectures and online modules is the most important
- Use the textbook as a supplementary resource only
**Where to Find Study Resources:**

- A multiple-choice bank is released on onQ at the end of the semester based on the weekly online quizzes - these are a fantastic indicator of what questions on the exam will be like.
- Short answer questions are also released in the discussion on onQ by the PSYC100 teaching team - these are also great indicators of what questions on the exam will be like.
- Google “PSYC 100 Queen’s” Quizlets – and avoid making hundreds of definition cue cards manually!