

## SAMPLE SCHEDULE FOR FIRST MONTH OF READING/WRITING

Make [Free Writing](#) a routine, try out some [Writing Strategies](#), then stick with one. Remember to reward yourself with small breaks, but most importantly, keep at it.

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
1 5mins Free Writing <a href="#">TRY WRITING STRATEGY #1</a> *GO FOR A WALK/TAKE A BREAK	2 5 mins Free Writing <a href="#">TRY WRITING STRATEGY #1</a>	3 5 mins Free Writing <a href="#">TRY WRITING STRATEGY #1</a>	4 5 mins Free Writing <a href="#">TRY WRITING STRATEGY #2</a> *SEE YOUR FRIENDS	5 5 mins Free Writing <a href="#">TRY WRITING STRATEGY #2</a>	6 5 mins Free Writing Decide on a Strategy * SPEND TIME WITH YOUR CAT	7 <b>REST DAY</b> Accomplished: 1 rough outline 12-15 pages of rough writing
8 5 mins Free Writing Reading Writing Strategy X *GO FOR A WALK/TAKE A BREAK	9 5 mins Free Writing Writing Strategy X	10 5 mins Free Writing Writing Strategy X	11 5 mins Free Writing Strategy X	12 5 mins Free Writing Writing Strategy X *SEE A MOVIE	13 5 mins Free Writing <a href="#">TRY THE REVERSE OUTLINE</a>	14 <b>REST DAY</b> Accomplished: 1 working outline 15-20 pages of rough writing

Continued below.

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
15 5 mins Free Writing Writing Strategy X <u><a href="#">TRY SOME VISUAL MAPS</a></u>	16 5 mins Free Writing Writing Strategy X *READ FOR PLEASURE	17 5 mins Free Writing Writing Strategy X	18 5 mins Free Writing Writing Strategy X * SEE A CONCERT	19 5 mins Free Writing Writing Strategy X	20 5 mins Free Writing Revisit and revise outline	21 <b>REST DAY</b> Accomplished: First draft outline 20-25 pages
22 5 mins Free Writing Writing Strategy X *SEE YOUR FRIENDS	23 5 mins Free Writing Writing Strategy X	24 5 mins Free Writing Writing Strategy X *LEARN TO KNIT	25 5 mins Free Writing Writing Strategy X	26 5 mins Free Writing Writing Strategy X *SPEND SOME QUALITY TIME WITH YOUR CAT	27 5 mins Free Writing Revisit and revise outline <u><a href="#">TREAT YOURSELF!</a></u>	28 <b>REST DAY</b> Accomplished: 25-30 pages <u><a href="#">TRY THE EDITING QUESTIONNAIRE</a></u>